

30th POETTS CPET Course Agenda

Please note the below agenda is subject to change

Day 1 : Wednesday 09 November 2022

09:15 - 09:30	Introduction (Great Russell Room) Welcome and course overview <i>Denny Levett</i>
09:30-10:00	Lecture (Great Russell Room) Introduction to CPET: The nuts and bolts and normal values <i>Denny Levett</i>
10:00-10:45	Lecture (Great Russell Room) The Physiology of Exercise Performance and Limitation <i>Susan Ward</i>
10:45-11:15	<i>Refreshments</i>
11:15-11:45	Lecture (Great Russell Room) The AT - Physiology and identification <i>Susan Ward</i>
12:45-13:45	<i>Lunch</i>
11:45-12:45	Tutorial 1 The 9 panel plot: a method for test interpretation, including poor data quality & obesity
13:45-14:45	Workshop or Tutorial 2 Group 1: Workshop – Healthy Volunteer Test Group 2: Workshop – Healthy Volunteer Test Group 3: Workshop – Healthy Volunteer Test Group 4: Tutorial Group 5: Tutorial
14:45-15:45	Workshop or Tutorial 2 Group 1: Tutorial Group 2: Tutorial Group 3: Tutorial Group 4: Workshop - Healthy Volunteer Test Group 5: Workshop - Healthy Volunteer Test
15:45-16:15	<i>Refreshments</i>
16:15-17:00	Paul Older Lecture Perioperative CPET and Exercise Training: the evidence ... where are we now? <i>Denny Levett</i>

Day 2 : Thursday 10 November 2022

Diagnostic CPET	
09:00 - 09:30	Lecture (Great Russell Room) Diagnostic CPET: Respiratory pathology and limitation <i>Marshall Riley</i>
09:30-10:30	Tutorial 3 Test interpretation: Respiratory pathology
<i>10:30-11:00</i>	<i>Refreshments</i>
11:00-11:30	Lecture (Great Russell Room) Diagnostic CPET: Cardiac Pathology and limitation <i>Marshall Riley</i>
11:30-12:30	Tutorial 4 Test interpretation: Cardiac pathology
<i>12:30-13:30</i>	<i>Lunch</i>
CPET in Clinical Practice	
13:30-14:00	Lecture (Great Russell Room) Exercise Prescription and Prehabilitation <i>Denny Levett</i>
14:00-15:00	Tutorial 5 More Interpretation ... putting it all together
15:00-15:30	Lecture (Great Russell Room) Collaborative Decision Making and Communicating Risk <i>Michael Swart and John Carlisle</i>
<i>15:30-15:45</i>	<i>Refreshments</i>
15:45-16:15	Lecture Setting up a CPET and prehab service <i>Helen Anderson</i>
16:15-17:00	Interactive Session Clinical Decision Making in practice including end of course assessment and reviewing clinical cases <i>All Faculty</i>