

<b>World Congress of Prehabilitation Medicine 2023</b>
<b>Day 1: Tuesday 4 July 2023</b>
<b>09.00 - 09.10</b> <b>Welcome and Meeting Instructions</b> <b>Meeting Chairs:</b> Denny Levett, Gerrit Slooter, Monty Mythen, Mike Grocott & John Moore
<b>09:10 - 10:30   Session 1.1</b> <b>What is prehabilitation?</b> <b>Chair:</b> Denny Levett
<b>Speaker:</b> Mike Grocott - <i>What is prehabilitation?</i> <b>Panel Discussion:</b> Franco Carli, Gerrit Slooter, Mike Grocott and Linda Dennehy
<b>10:30 - 11:00</b> Mid-morning break
<b>11:00 - 12:30   Session 1.2</b> <b>Screening and Assessment for Prehabilitation</b> <b>Chair:</b> Franco Carli
<b>Speaker:</b> TBC - Psychological screening and assessment tools for prehab <b>Speaker:</b> Chelsia Gillis - Nutritional screening and assessment for prehab <b>Speaker:</b> TBC - Exercise Screening and Assessment tools for prehab <b>Panel Discussion:</b> Sandy Jack, Chelsia Gillis, John Moore, Graciela Pali and TBC
<b>12:30 – 13:30</b> Lunch break
<b>13:30 – 14:50 Session 1.3</b> <b>Digital tools for Prehabilitation</b> <b>Chair:</b> Gerry Danjoux
<b>Speaker:</b> Leah Avery - Why digital prehabilitation interventions should be theory-informed and codesigned <b>Speaker:</b> James Durrand - Patient Choices: Digital vs paper based for virtual prehab <b>Speaker:</b> Denny Levett - Digital Screening tools and Apps to support prehabilitation <b>Speaker:</b> Hilmy Ismael - Digital Prehab tools from Melbourne <b>Panel Discussion:</b> Denny Levett, Gerrit Slooter, Leah Avery, Hilmy Ismael, John Moore and James Durrand
<b>14:50 – 15:10</b> Afternoon break
<b>15:10-16:30   Sessions 1.4</b> <b>Controversies in Prehabilitation</b> <b>Chair:</b> Bernard Riedel
<b>Speaker:</b> TBC - Should we delay surgery for prehabilitation? <b>Speaker:</b> TBC - Is supervision essential for adherence? <b>Speaker:</b> TBC - Behavioural change vs Psychological interventions which is key in prehabilitation? <b>Panel Discussion:</b> Franco Carli, Gerry Danjoux, Heather Gill and TBC
<b>16:30 – 17:25   Session 1.5</b> <b>John Snow Plenary Lecture</b> <b>Chair:</b> Franco Carli
<b>Speaker:</b> Gerrit Slooter - <i>The International Prehabilitation Trial</i>
<b>17:25 - 17:30   Close of Day 1</b> <b>Meeting Chairs:</b> Denny Levett, Monty Mythen & Mike Grocott

**World Congress of Prehabilitation Medicine 2023**

**Day 2: Wednesday 5 July 2023**

**09:00 - 09:10**

**Welcome and Meeting Instructions**

**Meeting Chairs:** Denny Levett, Monty Mythen & Mike Grocott

**09:00 - 10:30 | Session 2.1**

**Non-cancer Prehabilitation**

**Chair:** Chelsia Gillis

**Speaker:** Heather Gill - Prehabilitation in aneurysm surgery

**Speaker:** Enoch Akowuah - Cardiac Prehabilitation Trial

**Speaker:** Linda Dennehy - Respiratory Prehabilitation

**Speaker:** Gerry Danjoux - Remote orthopaedic prehabilitation

**Panel Discussion:** Gerry Danjoux, Sandy Jack, Enoch Akowuah, Heather Gill and Linda Dennehy

**10:30 - 11:00**

Mid-morning break

**11:00 - 12:30 | Session 2.2**

**Prehab Implementation**

**Chair:** Denny Levett

**Speaker:** Sandy Jack - Prehabilitation in Wessex

**Speaker:** Bernard Riedel - Prehabilitation in Melbourne

**Speaker:** John Moore - Prehabilitation in Manchester

**Speaker:** Kelly Mayson - Prehabilitation in British Columbia

**Speaker:** Graciela Pali - Prehabilitation in Barcelona

**Speaker:** Franco Carli - Prehabilitation in Montreal

**Panel Discussion:** Sandy Jack, Bernard Riedel, Kelly Manson, Franco Carli, John Moore, Graciela Pali and TBC

**12:30 - 13:30**

Lunch break

**13:30 - 14:50 | Session 2.3**

**Mechanisms of Prehabilitation**

**Chair:** John Moore

**Speaker:** TBC - Exercise and Tumour Regression

**Speaker:** John Whittle - Metabolic Flexibility

**Speaker:** Chelsia Gillis - Mechanisms underlying nutritional optimisation

**Panel Discussion:** Bernard Riedel, John Whittle, Chelsia Gillis and TBC

**14:50 - 15:10**

Afternoon break

**15:10 - 16.10 | Session 2.4**

**Prehab Abstract Competition Final**

**Chair:** Helen Anderson

**Judges:** Franco Carli, Gerrit Slooter and Linda Dennehy

Five finalists with 6 minutes presentation and 4 minutes of questions

**16:10 - 16:55 | Session 2.5**

**Ernest Henry Starling Plenary Lecture**

**Chair:** Monty Mythen

**Speaker:** Franco Carli - *ERAS, POM and Prehab: past present and future*

**16:55 - 17:00 Close of Day 2 and Prehab 2023**

**Meeting Chairs:** Denny Levett, Monty Mythen, & Mike Grocott

**EBPOM World Congress 2023 Day 3: Thursday 6 July 2023**

**09:00 - 09:10**

**Welcome and Meeting Instructions**

**Meeting Chairs:** Denny Levett, Monty Mythen & Mike Grocott

**09:00 - 09:45 | Session 3.1**

Perioperative Medicine Late Breaking News

**09.45-10.30 | Session 3.2**

EBPOM Visiting Professor Plenary Lecture

**Chair:** Monty Mythen

**10:30 - 11:00**

Mid-morning break

**11:00 - 12:30 | Session 3.3**

POQI -DELPHI

**Chair:** Monty Mythen & Andy Shaw

**Speaker:** TG Gan - Perioperative i.v. Fluids

**Speaker:** Gudrun Kunst - Goal Directed Therapy

**Speaker:** Vicki Morton - Blood Pressure

**12:30 - 14:00**

Lunch break and Innovation Forum

**14:00 - 15:30 | Session 3.4**

The Potential of Artificial Intelligence in Perioperative Care

**15:30 - 16:00**

Afternoon break

**16:00 - 17:00 | Session 3.5**

EBPOM World Congress Abstract Competition Final

**Chair:** TBC

**Judges:** TBC

Five finalists with 8 minutes to present and 4 minutes for questions

**17:00 - 17:20 | Session 3.6**

Conversation with Audience

**17:20 - 17:30 Closing Ceremony and Award of Prizes**

**Meeting Chairs:** Denny Levett, Monty Mythen, & Mike Grocott