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32nd POETTS CPET Course Agenda

Times shown are BST

Please note the below agenda is subject to change

Day 1: Wednesday 17 May 2023

09:00 – 09:15	Introduction (Great Russell Room) Welcome and course overview <i>Denny Levett</i>
09:15 – 10:10	Lecture (Great Russell Rom) Introduction to CPET: The nuts and bolts and normal values <i>Denny Levett</i>
10:10 – 11:00	Lecture (Great Russell Room) The Physiology of Exercise Performance and Limitation <i>Susan Ward</i>
11:00 – 11:15	<i>Refreshments</i>
11:15 – 11:45	Lecture (Great Russell Room) The AT - Physiology and identification <i>Susan Ward</i>
11:45 – 12:45	Tutorial 1 The 9-panel plot: a method for test interpretation, including poor data quality & obesity
12:45 – 13:45	<i>Lunch</i>
13:45 – 14:45	Workshop or Tutorial 2 Group 1: Workshop – Healthy Volunteer Test Group 2: Workshop – Healthy Volunteer Test Group 3: Workshop – Healthy Volunteer Test Group 4: Tutorial 2 Group 5: Tutorial 2
14:45 – 15:45	Workshop or Tutorial 2 Group 1: Tutorial Group 2: Tutorial Group 3: Tutorial Group 4: Workshop - Healthy Volunteer Test Group 5: Workshop - Healthy Volunteer Test
15:45-16:15	<i>Refreshments</i>
16:15 – 17:00	Paul Older Lecture: Prehabilitation: Where are we now Professor Sandy Jack
17:00 - 17:10	Round up of Day 1 <i>Denny Levett</i>

Day 2: Thursday 18 May 2023

Diagnostic CPET	
09:00 - 09:30	Lecture (Great Russell Room) Diagnostic CPET: Respiratory pathology and limitation <i>Marshall Riley</i>
09:30-10:30	Tutorial 3 Test interpretation: Respiratory pathology
<i>10:30-11:00</i>	<i>Refreshments</i>
11:00-11:30	Lecture (Great Russell Room) Diagnostic CPET: Cardiac Pathology and limitation <i>Marshall Riley</i>
11:30-12:30	Tutorial 4 Test interpretation: Cardiac pathology
<i>12:30-13:30</i>	<i>Lunch</i>
CPET in Clinical Practice	
13:30-14:15	Lecture (Great Russell Room) The Evidence for CPET <i>Denny Levett</i>
14:15-15:15	Tutorial 5 More Interpretation ... putting it all together
15:15-15:15:45	Lecture (Great Russell Room) Collaborative Decision Making and Communicating Risk <i>Michael Swart and John Carlisle</i>
<i>15:45-16:00</i>	<i>Refreshments</i>
16:00-17:00	Interactive Session <i>Helen Anderson</i> Clinical Decision Making in practice including end of course assessment and reviewing clinical cases <i>All Faculty</i>