

World Congress of Prehabilitation Medicine 2023
Day 1: Tuesday 4 July 2023
09.00 - 09.10 Welcome and Meeting Instructions Meeting Chairs: Denny Levett, Gerrit Slooter, Monty Mythen, Mike Grocott & John Moore
09:10 - 10:30 Session 1.1 What is prehabilitation? Chair: Gerrit Slooter
Speaker: Mike Grocott - <i>What is prehabilitation?</i> Panel Discussion: Franco Carli, Gerrit Slooter, Mike Grocott and Linda Dennehy
10:30 - 11:00 Mid-morning break
11:00 - 12:30 Session 1.2 Screening and Assessment for Prehabilitation Chair: Franco Carli
Speaker: Carole Keen - <i>Psychological screening and assessment tools for prehab</i> Speaker: Chelsia Gillis - <i>Nutritional screening and assessment for prehab</i> Speaker: Lee Ingle - <i>Exercise Screening and Assessment tools for prehab</i> Panel Discussion: Sandy Jack, Chelsia Gillis, John Moore, Graciela Pali, Carole Keen and Lee Ingle
12:30 – 13:30 Lunch break
13:30 – 14:50 Session 1.3 Digital tools for Prehabilitation Chair: Gerry Danjoux
Speaker: Leah Avery - <i>Why digital prehabilitation interventions should be theory-informed and codesigned</i> Speaker: James Durrand - <i>Patient Choices: Digital vs paper based for virtual prehab</i> Speaker: Denny Levett - <i>Digital Screening tools and Apps to support prehabilitation</i> Speaker: Hilmy Ismail - <i>Digital Prehab tools from Melbourne</i> Panel Discussion: Denny Levett, Gerrit Slooter, Leah Avery, Hilmy Ismael, John Moore and James Durrand
14:50 – 15:10 Afternoon break
15:10-16:40 Sessions 1.4 Controversies and Standardisation in Prehabilitation Chair: Denny Levett
Speaker: Andrew Davies- <i>Should we delay surgery for prehabilitation?</i> Speaker: Liam Humphrey - <i>Behavioural change vs Psychological interventions which is key in prehabilitation?</i> Introducing Standardisation of Screening, Assessment, Interventions and Outcomes in Prehab Initiative Speaker: John Moore - <i>Standardising prehabilitation outcomes</i> Speaker: Chelsia Gillis - <i>Standardising prehabilitation Intervention reporting</i> Panel Discussion: Franco Carli, Gerry Danjoux, Heather Gill, Andrew Davies, Liam Humphrey, John Moore and Chelsia Gillis
16:40 – 17:25 Session 1.5 John Snow Plenary Lecture Chair: Franco Carli
Speaker: Gerrit Slooter - <i>The International Prehabilitation Trial</i>
17:25 - 17:35 Launch of CPOC Special Interest Group Perioperative Care – Prehabilitation
17:35 - 17:40 Close of Day 1 Meeting Chairs: Denny Levett & Gerrit Slooter Followed by a delegate drinks reception in the Crush Hall

World Congress of Prehabilitation Medicine 2023
Day 2: Wednesday 5 July 2023
09:00 - 09:10 Welcome and Meeting Instructions Meeting Chairs: Denny Levett, Monty Mythen & Mike Grocott
09:00 - 10:30 Session 2.1 Non-cancer Prehabilitation Chair: John Moore
Speaker: Heather Gill - <i>Prehabilitation in aneurysm surgery</i> Speaker: Enoch Akowuah - <i>Cardiac Prehabilitation Trial</i> Speaker: Linda Dennehy - <i>Respiratory Prehabilitation</i> Speaker: Gerry Danjoux - <i>Remote orthopaedic prehabilitation</i> Panel Discussion: Gerry Danjoux, Sandy Jack, Enoch Akowuah, Heather Gill and Linda Dennehy
10:30 - 11:00 Mid-morning break
11:00 - 12:30 Session 2.2 Prehab Implementation Chair: Chelsia Gillis
Speaker: Sandy Jack - <i>Prehabilitation in Wessex</i> Speaker: Bernard Riedel - <i>Prehabilitation in Melbourne</i> Speaker: John Moore - <i>Prehabilitation in Manchester</i> Speaker: Kelly Mayson - <i>Prehabilitation in British Columbia</i> Speaker: Raquel Sebio García - <i>Prehabilitation in Barcelona</i> Speaker: Janius Tsang - <i>Prehabilitation in Montreal</i> Panel Discussion: Sandy Jack, Bernard Riedel, Kelly Manson, Franco Carli, John Moore, Raquel Sebio García and Janius Tsang
12:30 - 13:30 Lunch break
13:30 - 14:50 Session 2.3 Mechanisms of Prehabilitation Chair: Bernard Riedel
Speaker: Malcolm West - <i>Exercise and Tumour Regression</i> Speaker: John Whittle - <i>Metabolic Flexibility</i> Speaker: Chelsia Gillis - <i>Mechanisms underlying nutritional optimisation</i> Panel Discussion: Bernard Riedel, John Whittle, Chelsia Gillis and Malcolm West
14:50 - 15:10 Afternoon break
15:10 - 16.10 Session 2.4 Prehab Abstract Competition Final Chair: Helen Anderson Judges: Franco Carli, Gerrit Slooter and Linda Dennehy
Five finalists with 6 minutes presentation and 4 minutes of questions
16:10 - 16:55 Session 2.5 Ernest Henry Starling Plenary Lecture Chair: Monty Mythen
Speaker: Franco Carli - <i>ERAS, POM and Prehab: past present and future</i>
16:55 - 17:00 Close of Day 2 and Prehab 2023 Meeting Chairs: Denny Levett, Monty Mythen, & Mike Grocott

EBPOM World Congress 2023 Day 3: Thursday 6 July 2023
09:00 - 09:10 Welcome and Meeting Instructions Meeting Chairs: Denny Levett, Monty Mythen & Mike Grocott
09:00 - 09:45 Session 3.1 Perioperative Medicine Late Breaking News Chair: Mike Grocott
Speaker: Rupert Pearse - <i>OPTIMISE: perils and pitfalls of clinical trials</i> Speaker: Mark Edwards - <i>OPTIMISE 2: results</i>
09.45-10.30 Session 3.2 EBPOM Visiting Professor Plenary Lecture Chair: Mike Grocott
Speaker: Vanessa Beavis - <i>Advancing POM in New Zealand and Australia</i>
10:30 - 11:00 Mid-morning break
11:00 - 12:30 Session 3.3 PeriOperative Quality Initiative - Updates on consensus statements Chair: Monty Mythen & Andy Shaw
Speaker: Alex Zarbock - <i>Perioperative i.v. Fluids</i> Speaker: Gudrun Kunst - <i>Goal Directed Therapy</i> Speaker: Bernd Saugel - <i>Blood Pressure</i>
12:30 - 14:00 Lunch break and Innovation Forum
14:00 - 15:30 Session 3.4 The Potential of Artificial Intelligence in Perioperative Care Chair: Denny Levett
Speaker: Age Chapman - <i>TBC</i> Speaker: Sandy Jackson - <i>TBC</i> Panel Discussion: Age Chapman, Sandy Jackson and Feras Hatib
15:30 - 16:00 Afternoon break
16:00 - 17:00 Session 3.5 EBPOM World Congress Abstract Competition Final Chair: Jamie Plumb Judges: Craig Goldsack, Blanche Symons & Solomon Aronson
Five finalists with 8 minutes to present and 4 minutes for questions
17:00 - 17:20 Session 3.6 Conversation with Audience
Panel: Monty Mythen, Mike Grocott, Mark Edwards, John Whittle, Ramani Moonesinghe and Denny Levett
17:20 - 17:30 Closing Ceremony and Award of Prizes Meeting Chairs: Denny Levett, Monty Mythen, & Mike Grocott