

World Congress of Prehabilitation Medicine 2023 - Day 1: Tuesday 4 July 2023

09.00 - 09.10

Welcome and Meeting Instructions

Meeting Chairs: Denny Levett, Gerrit Slooter, Monty Mythen, Mike Grocott & John Moore

09:10 - 10:30 | Session 1.1

What is prehabilitation?

Chair: Gerrit Slooter

Speaker: Mike Grocott - *What is prehabilitation?*

Panel Discussion: Franco Carli, Gerrit Slooter, Mike Grocott & Linda Denehy

10:30 - 11:00 | Mid-morning break

11:00 - 12:30 | Session 1.2

Screening and Assessment for Prehabilitation

Chair: Franco Carli

Speaker: Carole Keen - *Psychological screening and assessment tools for prehab*

Speaker: Chelsia Gillis - *Nutritional screening and assessment tools for prehab*

Speaker: Lee Ingle - *Exercise Screening and assessment tools for prehab*

Panel Discussion: Sandy Jack, Chelsia Gillis, John Moore, Raquel Sebío García, Carole Keen & Lee Ingle

12:30 - 13:30 | Lunch break

13:30 - 14:50 Session 1.3

Digital tools for Prehabilitation

Chair: Gerry Danjoux

Speaker: Leah Avery - *Why digital prehabilitation interventions should be theory-informed and codesigned*

Speaker: James Durrand - *Patient Choices: Digital vs paper based for virtual prehab*

Speaker: Denny Levett - *Digital Screening tools and Apps to support prehabilitation*

Speaker: Hilmy Ismail - *Digital Prehab tools from Melbourne*

Panel Discussion: Denny Levett, Gerrit Slooter, Leah Avery, Hilmy Ismael, John Moore & James Durrand

14:50 - 15:10 | Afternoon break

15:10-16:40 | Sessions 1.4

Controversies and Standardisation in Prehabilitation

Chair: Denny Levett

Speaker: Andrew Davies- *Should we delay surgery for prehabilitation?*

Speaker: Liam Humphreys - *Behavioural change vs Psychological interventions: which is key in prehabilitation?*

**Introducing Standardisation of Screening, Assessment, Interventions and Outcomes in Prehab Initiative**

Speaker: John Moore - *Standardising prehabilitation outcomes*

Speaker: Chelsia Gillis - *Standardising prehabilitation Intervention reporting*

Panel Discussion: Franco Carli, Gerry Danjoux, Heather Gill, Andrew Davies, Liam Humphreys, John Moore & Chelsia Gillis

16:40 - 17:25 | Session 1.5

John Snow Plenary Lecture

Chair: Franco Carli

Speaker: Gerrit Slooter - *The International Prehabilitation Trial*

17:25 - 17:35 | Launch of CPOC Special Interest Group

Perioperative Care – Prehabilitation

Speakers: Garry Davenport, National Clinical Advisor, Macmillan Cancer Support & Dr Steve Evans, Past CPOC Fellow and Anaesthetist in Training

17:35 - 17:40 | Close of Day 1

Meeting Chairs: Denny Levett & Gerrit Slooter

Followed by a delegate drinks reception in the Crush Hall

**World Congress of Prehabilitation Medicine 2023 - Day 2: Wednesday 5 July 2023**

**09:00 - 09:10**

**Welcome and Meeting Instructions**

**Meeting Chairs:** Denny Levett, Monty Mythen & Mike Grocott

**09:00 - 10:30 | Session 2.1**

**Non-cancer Prehabilitation**

**Chair:** John Moore

**Speaker:** Heather Gill - *Prehabilitation in aneurysm surgery*

**Speaker:** Enoch Akowuah - *Cardiac Prehabilitation Trial*

**Speaker:** Linda Denehy - *Respiratory Prehabilitation*

**Speaker:** Gerry Danjoux - *Remote orthopaedic prehabilitation*

**Panel Discussion:** Gerry Danjoux, Sandy Jack, Enoch Akowuah, Heather Gill & Linda Denehy

**10:30 - 11:00 | Mid-morning break**

**11:00 - 12:30 | Session 2.2**

**Prehab Implementation**

**Chair:** Chelsia Gillis

**Speaker:** Sandy Jack - *Prehabilitation in Wessex*

**Speaker:** Bernhard Riedel - *Prehabilitation in Melbourne*

**Speaker:** John Moore - *Prehabilitation in Manchester*

**Speaker:** Kelly Mayson - *Prehabilitation in British Columbia*

**Speaker:** Raquel Sebio García - *Prehabilitation in Barcelona*

**Speaker:** Janius Tsang - *Prehabilitation in Montreal*

**Panel Discussion:** Sandy Jack, Bernhard Riedel, Kelly Mayson, Franco Carli, John Moore, Raquel Sebio García & Janius Tsang

**12:30 - 13:30 | Lunch break**

**13:30 - 14:50 | Session 2.3**

**Mechanisms of Prehabilitation**

**Chair:** Bernhard Riedel

**Speaker:** Malcolm West - *Exercise and Tumour Regression*

**Speaker:** John Whittle - *Metabolic Flexibility*

**Speaker:** Chelsia Gillis - *Mechanisms underlying nutritional optimisation*

**Panel Discussion:** Bernhard Riedel, John Whittle, Chelsia Gillis & Malcolm West

**14:50 - 15:10 | Afternoon break**

**15:10 - 16:10 | Session 2.4**

**Prehab Abstract Competition Final**

**Chair:** Helen Anderson

**Judges:** John Saxton, Gerrit Slooter & Linda Denehy

Five finalists with 6 minutes presentation and 4 minutes of questions

**16:10 - 16:55 | Session 2.5**

**Ernest Henry Starling Plenary Lecture**

**Chair:** Monty Mythen

**Speaker:** Franco Carli - *ERAS, POM and Prehab: past present and future*

**16:55 - 17:00 Close of Day 2 and Prehab 2023**

**Meeting Chairs:** Denny Levett, Monty Mythen, & Mike Grocott

<b>EBPOM World Congress 2023 Day 3: Thursday 6 July 2023</b>
<b>09:00 - 09:10</b> <b>Welcome and Meeting Instructions</b> <b>Meeting Chairs:</b> Denny Levett, Monty Mythen & Mike Grocott
<b>09:00 - 09:45   Session 3.1</b> <b>Perioperative Medicine Late Breaking News</b> <b>Chair:</b> Mike Grocott
<b>Speaker:</b> Rupert Pearse - <i>OPTIMISE: perils and pitfalls of clinical trials</i> <b>Speaker:</b> Mark Edwards - <i>OPTIMISE 2: results</i>
<b>09.45-10.30   Session 3.2</b> <b>EBPOM Visiting Professor Plenary Lecture</b> <b>Chair:</b> Mike Grocott
<b>Speaker:</b> Vanessa Beavis - <i>Advancing POM in New Zealand and Australia</i>
<b>10:30 - 11:00   Mid-morning break</b>
<b>11:00 - 12:30   Session 3.3</b> <b>PeriOperative Quality Initiative - Updates on consensus statements</b> <b>Chair:</b> Monty Mythen & Andy Shaw
<b>Speaker:</b> Alex Zarbock - <i>Perioperative i.v. Fluids</i> <b>Speaker:</b> Gudrun Kunst - <i>Goal Directed Therapy</i> <b>Speaker:</b> Bernd Saugel - <i>Blood Pressure</i>
<b>12:30 - 13:00   Innovation Forum</b> <b>TopMedTalks to...</b> <b>Chair:</b> Desiree Chappell & Sol Aronson
Join us for this special session with our sponsors
<b>13:00 - 14:00   Lunch break</b>
<b>14:00 - 15:30   Session 3.4</b> <b>The Potential of Artificial Intelligence (AI) in Perioperative Care</b> <b>Chair:</b> Denny Levett
<b>Speaker:</b> Age Chapman - <i>Introduction to AI</i> <b>Speaker:</b> Sandy Jackson - <i>AI in Perioperative Care</i> <b>Speaker:</b> Feras Hatib - <i>Preventing Hemodynamic Instability and Deterioration in Perioperative and Acute Care Patients with Predictive Monitoring using Artificial Intelligence</i> <b>Panel Discussion:</b> Age Chapman, Sandy Jackson & Feras Hatib
<b>15:30 - 16:00   Afternoon break</b>
<b>16:00 - 17:00   Session 3.5</b> <b>EBPOM World Congress Abstract Competition Final</b> <b>Chair:</b> Jamie Plumb <b>Judges:</b> Craig Goldsack, Blanche Symons & Solomon Aronson
Five finalists with 8 minutes to present and 4 minutes for questions
<b>17:00 - 17:20   Session 3.6</b> <b>Conversation with Audience</b>
<b>Panel:</b> Monty Mythen, Mike Grocott, Mark Edwards, John Whittle, Ramani Moonesinghe & Denny Levett

**17:20 - 17:30 Closing Ceremony and Award of Prizes**  
**Meeting Chairs:** Denny Levett, Monty Mythen, & Mike Grocott