

**28th European Practicum on Cardiopulmonary Exercise Testing
Abstract Competition 2026 - Submission Guidelines**

Eligibility:

Researchers of any age may participate in the abstract competition.

Field of Research:

Abstracts must address topics related to Cardiopulmonary Exercise Testing. Abstracts submitted for consideration must be an original idea, concept, or an improvement or revision of a previous idea. Submissions are peer-reviewed for scientific content, logical presentation, and current interest of the topic to the scientific community.

Topics may include but not limited to:

- Clinical applications of CPET.
- New methodologies or technologies in CPET.
- Innovative research in exercise physiology.
- CPET in specific populations (e.g., paediatrics, heart failure, athletes).
- Novel insights into interpreting CPET data.

Format:

Abstracts should be concise (max 300 words) and include the following:

- Title: Short and specific.
- Introduction: Stating the hypothesis or objective of the study.
- Methods: Measurements, Design, and patients.
- Results: A summary with appropriate data.
- Conclusion: A succinct summary.
- Reference(s): Author, Journal, Volume, Page, and year.
- Inclusion of two images/graphs are allowed

Any work is acceptable which has not been published in a Peer Reviewed Journal by the abstract submission deadline date.

You must include all authors and their institutions when submitting and select one to be the main contact for the abstract.

Grading Process

When your abstract has been accepted for inclusion in the competition, you will be asked to produce a poster for inclusion in the poster gallery. Your abstract will also be reviewed by our Abstract Reviewing Committee to decide whether you will be asked to present your abstract in person.

All abstracts will be blinded for review by at least three of the Abstract Reviewing Committee (graders). Each grader is selected by the Organising Committee to review abstracts based on their knowledge of Cardiopulmonary Exercise Testing. The graders will review on the following points:

a. Correctly written English

- clearly communicates thoughts and concepts
- uses concise writing; avoids repetition and wordiness
- utilizes professional language and style
- free of grammatical or technical errors

b. Formulation of the work's aim

- The work's aim is stated in a simple manner, questions are concrete and are testable.

c. Introduction background and context of the work

- establishes the importance of research
- describes the need for the research:
 - o generate new knowledge
 - o answer whether a previous observation can be replicated,
 - o document if previous findings can be applied to a different population
 - o determine if improved measurement techniques can clarify a relationship

d. Methodology used

- describe a step wise approach to what was done
- identify primary end points/outcomes
- utilize existing instruments or procedures when possible
- maximize internal and external validity
- minimize bias/error.

e. Consistency of the results

- pertain directly to the research question
- use design-appropriate raw data to characterize the primary and secondary outcomes
- include design-appropriate inferential or descriptive statistical indices
- avoid interpretations, explanations, and speculations.

f. Relevance and suitability of the conclusions, according to the work submitted

- addresses the original research question or hypothesis
- must be supported by the results
- does not extrapolate beyond the results of study
- does not repeat the results
- does not introduce findings not presented in the results section

How to Submit

You can submit your abstract using our [Oxford Abstracts portal here.](#)

Presentation Format: Conventional Print Poster

Present your work as a print poster (A0 size, portrait orientation: 120cm x 90cm). Each presentation includes 3 minutes to showcase your findings and 3 minutes for discussion. No PowerPoint slides are required. Simply place your poster on the designated board on the first day of the meeting. Poster patches will be provided, and no pre-upload is necessary. This is your chance to showcase your research to a global audience, receive feedback from world-renowned experts, and compete for prestigious awards recognising groundbreaking contributions in CPET.

Prizes

There will be prize for the best student/trainee abstract presentation, and the best overall abstract.

Key Dates

- **Submission Deadline:** 01 August 2026
- **Notification of Acceptance:** ongoing within 14 days after submission for regular posters, by August 15th at the latest.

For any questions, please contact us at admin@ebpom.org

Helpful Tips and Hints

Proofread abstracts carefully to avoid errors before submission, check spelling and grammar. The abstract will be reviewed and published (if accepted) as it has been submitted – No Exceptions!

Do not forget to click on the 'submit' button to validate your abstract submission. After having submitted your abstract, you will receive an immediate automatic confirmation by email (please make sure to state your correct email address!) notifying you of the abstract number. Please use this reference in all correspondence. If you do not receive this confirmation, please contact EBPO Admin on admin@ebpom.org