

Day 1 : Wednesday

Time	Session	Venue
08:30-09:30	Registration	
08:30-09:30	Refreshments and Exhibition	Lounge
09:30-09:40	Welcome and Introduction Denny Levett	Beaulieu Room (Main LT)
09.40 -11:50	Welcome and Introduction Session Chair: Denny Levett	Beaulieu Room (Main LT)
09:40-10:30	Physiological basis of exercise performance Arnold Schmidt-Truckass	Beaulieu Room (Main LT)
10:30-11:00	The Anaerobic Threshold: what it is and how to find it Susan Ward	Beaulieu Room (Main LT)
<i>11:00-11:30</i>	<i>Refreshments & exhibition</i>	Restaurant & Lounge
11:30-12:30	Tutorial 1: Normal responses and the 9 panel plot	Group 1: Beaulieu Room Group 2: Hamble Room Group 3: Avon Room Group 4: Savernake Room Group 5: Club Room
12:30-13:00	Normal Values and their pitfalls Alfred Hager	Beaulieu Room (Main LT)
<i>13:00-14:00</i>	<i>Lunch & exhibition</i>	Restaurant & Lounge
14:00-18:00	Session Chair: Mike Grocott	Beaulieu Room (Main LT)
14:00-14:20	Exercise test design: ramp and constant work-rate Marshall Riley	Beaulieu Room (Main LT)
14:20-15:00	WORKSHOP 1: Ramp exercise test	Group A: Avon Room Group B: Savernake Room Group C: Beaulieu Room Group D: Hamble Room
15:00-15:30	Formatting exercise test results and writing the report Daniel Dumistrescu	Beaulieu Room (Main LT)
<i>15.30-16:00</i>	<i>Refreshments & exhibition</i>	Restaurant & Lounge
16:00-17:00	Tutorial 2: Identifying the Anaerobic Threshold and interpretative strategies	Group 1: Beaulieu Room Group 2: Hamble Room Group 3: Avon Room Group 4: Savernake Room Group 5: Club Room
17.00— 17:45	PAUL OLDER PLENARY LECTURE: Exercise on Everest Denny Levett	Beaulieu Room (Main LT)
18.00-19.00	Welcome Reception	Restaurant & Lounge

Day 2: Thursday

9:00-11:00	Session Chair: Denny Levett	Beaulieu Room (Main LT)
09:00-09:30	CPET in heart failure and ischaemia Daniel Dumitrescu	Beaulieu Room (Main LT)
09:30-10:00	CPET: Using Cardiac Output monitoring and NIRS Piergiuseppe Agostoni	Beaulieu Room (Main LT)
10:00-10.30	CPET in congenital heart disease Alfred Hager	Beaulieu Room (Main LT)
10.30-11.00	<i>Refreshments & Exhibition</i>	Restaurant & Lounge
11:00-11.30	CPET in cardiac rehabilitation Piergiuseppe Agostoni	Beaulieu Room (Main LT)
11.30-12.30	Tutorial 3. Interpreting CPET in Cardiac disease	Group 1: Beaulieu Room Group 2: Hamble Room Group 3: Avon Room Group 4: Savernake Room Group 5: Club Room
12:30-13.30	<i>Lunch & exhibition</i>	Restaurant & Lounge
13.30-15:20	Session Chair: Sandy Jack	Beaulieu Room (Main LT)
13.30-14:00	CPET in lung diseases Marshall Riley	Beaulieu Room (Main LT)
14:00-14:30	CPET in Pulmonary Hypertension Daniel Dumitrescu	Beaulieu Room (Main LT)
14.30-15.00	CPET in pulmonary rehabilitation Joachim Myer	Beaulieu Room (Main LT)
15:00-16:00	Tutorial 4. CPET in Respiratory Disease	Group 1: Beaulieu Room Group 2: Hamble Room Group 3: Avon Room Group 4: Savernake Room Group 5: Club Room
16:00-16.20	<i>Refreshments & exhibition</i>	Restaurant & Lounge
16:20-17:00	WORKSHOP 2: Constant-load exercise test	Group A: Avon Room Group B: Savernake Room Group C: Beaulieu Room Group D: Hamble Room
17:00-17:45	CPET in unexplained breathlessness James Hull	Beaulieu Room (Main LT)

Day 3: Friday

08:30-13:00	Session Chair: Piergiuseppe Agostini	Beaulieu Room (Main LT)
09:00-09:30	CPET in perioperative care Denny Levett	Beaulieu Room (Main LT)
09:30-10:00	CPET in prehabilitation: an evidence synthesis and guidelines Mike Grocott	Beaulieu Room (Main LT)
10:00-10.30	Exercise mechanisms in cancer prehabilitation Malcolm West	Beaulieu Room (Main LT)
<i>10.30-11.00</i>	<i>Refreshments & exhibition</i>	Restaurant & Lounge
11:00-11:45	Plenary Lecture My journey from CPET to prehabilitation Sandy Jack	Beaulieu Room (Main LT)
11.45-12.45	Facilitated group learning: 5. Perioperative Medicine and Prehab	Group 1: Beaulieu Room Group 2: Hamble Room Group 3: Avon Room Group 4: Savernake Room Group 5: Club Room
12.45-13:30	<i>Lunch</i>	Restaurant & Lounge
13.30-16:00	Session Chair: Denny Levett	Beaulieu Room (Main LT)
13:30-14:00	CPET in children Tim Takken	Beaulieu Room (Main LT)
14:00-14:30	CPET in athletes Arnold Schmidt-Truckass	Beaulieu Room (Main LT)
14:30-15:00	CPET in metabolic myopathies Marshall Riley	Beaulieu Room (Main LT)
15:00-15:20	Coffee and refreshments	Beaulieu Room (Main LT)
15:20-17:00	ABSTRACT COMPETITION Oral presentations followed by prize giving	Beaulieu Room (Main LT)
17:00	CLOSE OF COURSE	