

Day 1: Wednesday

Time	Session	Venue
08:30-09:30	Registration	
08:30-09:30	Refreshments and Exhibition	Lodge & Beresfords restaurant
09:30-09:40	Welcome and Introduction Denny Levett	Beaulieu Room (Main LT)
09.40 -11:50	Welcome and Introduction Session Chair: Denny Levett	Beaulieu Room (Main LT)
09:40-10:30	Physiological basis of exercise performance Arno Schmidt-Trucksäss	Beaulieu Room (Main LT)
10:30-11:00	The Anaerobic Threshold: what it is and how to find it Susan Ward	Beaulieu Room (Main LT)
<i>11:00-11:30</i>	<i>Refreshments & exhibition</i>	Lodge & Beresfords restaurant
11:30-12:30	Tutorial 1: Normal responses and the 9-panel plot	Group 1: Beaulieu Room - Green Spot Group 2: Hamble Room - Yellow Spot Group 3: Alpine Lodge -Orange Spot Group 4: Arden Room - Blue Spot Group 5: Hamble Room - Pink Spot Group 6: Club Room - Black Spot Group 7: Avon Room - Brown Spot Group 8: Savernake Room - Navy Spot Group 9: Savernake Nook - Red Spot
12:30-13:00	Normal Values and their pitfalls Alfred Hager	Beaulieu Room (Main LT)
<i>13:00-14:00</i>	<i>Lunch & exhibition</i>	Lodge & Beresfords restaurant
14:00-18:00	Session Chair: Mike Grocott	Beaulieu Room (Main LT)
14:00-14:20	Exercise test design: ramp and constant work-rate Marshall Riley	Beaulieu Room (Main LT)
14:20-15:00	WORKSHOP 1: Ramp exercise test	Group A: Hamble Room - Cosmed Group B: Avon Room - Love Medical Group C: Club Room - MCG Group D: Savernake - Schillar Group E: Beaulieu Room - Jaeger

15:00 - 15:30	Formatting exercise test results and writing the report Daniel Dumistrescu	Beaulieu Room (Main LT)
<i>15:30 - 16:00</i>	<i>Refreshments & exhibition</i>	Restaurant & Lounge
16:00 - 17:00	Tutorial 2: Identifying the Anaerobic Threshold and interpretative strategies	Group 1: Beaulieu Room - Green Spot Group 2: Hamble Room - Yellow Spot Group 3: Alpine Lodge -Orange Spot Group 4: Arden Room - Blue Spot Group 5: Hamble Room - Pink Spot Group 6: Club Room - Black Spot Group 7: Avon Room - Brown Spot Group 8: Savernake Room - Navy Spot Group 9: Savernake Nook - Red Spot
17:00 - 17:45	<i>PAUL OLDER PLENARY LECTURE:</i> Exercise on Everest Denny Levett	Beaulieu Room (Main LT)
18:00 - 19:00	<i>Welcome Reception</i>	Lodge & Beresfords restaurant

Day 2: Thursday

9:00-11:00	Session Chair: Denny Levett	Beaulieu Room (Main LT)
09:00-09:30	CPET in heart failure and ischaemia Daniel Dumitrescu	Beaulieu Room (Main LT)
09:30-10:00	CPET: Using Cardiac Output monitoring and NIRS Piergiuseppe Agostoni	Beaulieu Room (Main LT)
10:00-10.30	CPET in congenital heart disease Alfred Hager	Beaulieu Room (Main LT)
10:30-11:00	<i>Refreshments & Exhibition</i>	Lodge & Beresfords restaurant
11:00-11.30	CPET in cardiac rehabilitation Piergiuseppe Agostoni	Beaulieu Room (Main LT)
11:30 -12:30	Tutorial 3. Interpreting CPET in Cardiac disease	Group 1: Beaulieu Room - Green Spot Group 2: Hamble Room - Yellow Spot Group 3: Alpine Lodge -Orange Spot Group 4: Arden Room - Blue Spot Group 5: Hamble Room - Pink Spot Group 6: Club Room - Black Spot Group 7: Avon Room - Brown Spot Group 8: Savernake Room - Navy Spot Group 9: Savernake Nook - Red Spot
12:30-13.30	<i>Lunch & exhibition</i>	Restaurant & Lounge
13:30-15:20	Session Chair: Sandy Jack	Beaulieu Room (Main LT)
13:30-14:00	CPET in lung diseases Marshall Riley	Beaulieu Room (Main LT)
14:00-14:30	CPET in Pulmonary Hypertension Daniel Dumitrescu	Beaulieu Room (Main LT)
14:30-15:00	CPET in pulmonary rehabilitation Joachim Myer	Beaulieu Room (Main LT)
15:00-16:00	Tutorial 4. CPET in Respiratory Disease	Group 1: Beaulieu Room - Green Spot Group 2: Hamble Room - Yellow Spot Group 3: Alpine Lodge -Orange Spot Group 4: Arden Room - Blue Spot Group 5: Hamble Room - Pink Spot Group 6: Club Room - Black Spot Group 7: Avon Room - Brown Spot Group 8: Savernake Room - Navy Spot Group 9: Savernake Nook - Red Spot

16:00-16.20	<i>Refreshments & exhibition</i>	<i>Lodge & Beresfords restaurant</i>
16:20-17:00	WORKSHOP 2: Constant-load exercise test	Group A: Hamble Room - Cosmed Group B: Avon Room - Love Medical Group C: Club Room - MCG Group D: Savernake - Schillar Group E: Beaulieu Room - Jaeger
17:00-17:45	CPET in unexplained breathlessness James Hull	Beaulieu Room (Main LT)

Day 3: Friday

08:30-13:00	Session Chair: Piergiuseppe Agostini	Beaulieu Room (Main LT)
09:00-09:30	CPET in perioperative care Denny Levett	Beaulieu Room (Main LT)
09:30-10:00	CPET in prehabilitation: an evidence synthesis and guidelines Mike Grocott	Beaulieu Room (Main LT)
10:00-10:30	Exercise mechanisms in cancer prehabilitation Malcolm West	Beaulieu Room (Main LT)
<i>10:30-11:00</i>	<i>Refreshments & exhibition</i>	Lodge & Beresfords restaurant
<i>11:00 - 12:00</i>	Facilitated group learning: 5. Perioperative Medicine and Prehab	Group 1: Beaulieu Room - Green Spot Group 2: Hamble Room - Yellow Spot Group 3: Alpine Lodge -Orange Spot Group 4: Arden Room - Blue Spot Group 5: Hamble Room - Pink Spot Group 6: Club Room - Black Spot Group 7: Avon Room - Brown Spot Group 8: Savernake Room - Navy Spot Group 9: Savernake Nook - Red Spot
12:00 - 12:45	Plenary Lecture My journey from CPET to prehabilitation Sandy Jack	Beaulieu Room (Main LT)
12:45-13:30	<i>Lunch</i>	Lodge & Beresfords restaurant
13:30-16:00	Session Chair: Denny Levett	Beaulieu Room (Main LT)
13:30-14:00	CPET in children Tim Takken	Beaulieu Room (Main LT)
14:00-14:30	CPET in athletes Arno Schmidt-Trucksäss	Beaulieu Room (Main LT)
14:30-15:00	CPET in metabolic myopathies Marshall Riley	Beaulieu Room (Main LT)
15:00-15:20	Coffee and refreshments	Beaulieu Room (Main LT)
15:20-17:00	ABSTRACT COMPETITION Oral presentations followed by prize-giving	Beaulieu Room (Main LT)

17:00	CLOSE OF COURSE	
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